

# **B6 SPORTS ACADEMIES**

• Develop your skills











If you play a competitive sport, you may have the opportunity to join one of our Sports Academies. Sports Academies are a great way to develop and enhance your current sporting skills, as well as make new friends and help keep yourself fit and healthy.

Academy teams compete in regular fixtures and competitions against other colleges on Wednesday afternoons. Each Academy runs alongside academic classes and all students will follow a full-time programme of study.

The Sixth Form offers the following Sports Academies:



Football Academy



**Cricket Academy** 



Sports Performance Pathway

### WHY JOIN AN ACADEMY?

#### Our academy sessions focus on:



#### Benefits of joining the Sports Academies include:

- Individualised high-quality coaching delivered by our specialist coaches
- Access to a sports rehabilitator and therapist
- Full Academy training kit
- Compete in National Academy Leagues and British Colleges Framework
- Acquire coaching and officiating qualifications

#### Level 2 Gym Instructors qualification

You will have the opportunity to complete the Level 2 Gym Instructors course, a nationally recognised award, which qualifies you to work in any gym in the UK.













## FOOTBALL ACADEMY

The B6 Football Academy offers you the fantastic opportunity to develop and excel in football. Training and Academy fixtures take place at the new 4G training facility at Hacken Lane.





#### **CRAIG THOMAS HEAD FOOTBALL COACH**

Craig joined The Sixth Form Bolton in 2010 as Sports Academies Lead after a successful career as Academy Director at The Manchester College for FC United Football. Craig previously managed for 12 seasons in the North West Counties Football League with Daisy Hill FC and has worked in the management team at Chorley u21 Development Programme. Presently, Craig is working in the management team at Pennington FC local community club helping with player pathways.



## OS CRICKET ACADEMY

The B6 Cricket Academy offers you the fantastic opportunity to develop and excel in cricket. We have partnerships with the Bolton Cricket League and we're supported by the Lancashire Cricket Board. Training takes place at Bolton Indians and Cricket Academy fixtures take place at a variety of top quality local clubs.

MEET THE COACH



#### **PAUL TEBAY HEAD CRICKET COACH**

Paul is an ECB Level 2 Coach and a former cricket professional. He has gained valuable experience and vast knowledge as a cricket professional and coach. He has coached several young players, most notably Sajid Mahmood who has gone on to represent England at International level.

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# SPORTS PERFORMANCE PATHWAY

The Sports Performance Pathway is a bespoke training and development programme for young athletes who compete at a high level in any sport. The Sixth Form boasts elite athletes from a wide range of competitive sports including rugby, swimming and netball.

#### MEET THE COACH



#### **ZOE LYDON**

SPORT PERFORMANCE COACH

Qualified with a BSc in Sport and Exercise Nutrition and a Msc in Strength and Conditioning, Zoe is also a Level 2 Gymnastics Coach and holds a Level 1 ISAK qualification, essential for sport and exercise science students, nutritionists, sports rehabilitators, and physiotherapists who need to carry out anthropometric profiling of clients.

### JOIN US

If you wish to apply for a place on one of the academies, you should indicate in the box on the main application form. You will be invited for a standard admissions interview and once you have been offered a place you will be invited to attend trials. References can also be submitted from relevant sports teachers at your school or your sports coach to support your application.





#### STUDENT SUCCESS



#### **JACK LIGHTBOWN**

**Sport:** Rugby Player for Sale Sharks and England Under-18s

Studying: A Levels in Accounting, **Economics and Physical Education** 

**Academy**: Sports Performance Pathway

"What's great for me is that the academy is tailored to individuals, it's all about your own needs. I have learned lots of important skills including working with others, developing others in a professional training capacity and how to be resilient. How to be mentally as well as physically prepared for competing at such a high level is what I am truly thankful for the college for supporting me with."









# **EXCELLENCE** IN EVERYTHING

**#B6Ready** 









